



HDZ - Dragon Taekwondo

School Rules

1. Salute the Flags first, before entering and upon leaving the DoJang or office.
2. When you see your Sabumnim, you must bow to him.
3. You must always respect your Sabumnim when asking and answering questions.
4. When fixing your uniform or belt, do not face your instructor; always turn your back to him.
5. Students are not allowed to belong to another DoJang.
6. No horseplay, whistling or loud talking in the DoJang, especially when the instructor is speaking to a student or a visitor.
7. Respect all your senior belts and bow when asking questions.
8. Never leave the class for a break, to get a drink of water or leave without permission of the instructor.
9. Students must keep their fingernails and toenails clipped and clean at all times.
10. Never lean on the walls or lay spread out on the floor.
11. Telephone the school if you are going to be absent or late.
12. No gum chewing in class.
13. No smoking in the DoJang at any time.
14. No profanity will be used in the class by anyone, at any time, regardless of rank.
15. No jewelry is to be worn during class.
16. Keep your uniform clean at all times.
17. NEVER lose your temper in the DoJang, especially while sparring.
18. Always keep in mind that you are being taught a deadly art. Treat it with respect, and above all never misuse it.
19. Practice Discipline, especially while Training!