## **Black Belt Rules**



- 1. Black Belts shall always respect the tenets of Taekwondo throughout their lives.
- 2. Black Belts shall always appreciate the serious nature of the martial art that they are being taught.
- 3. Black Belts shall always remember that they are a role model for junior belts.
- 4. Black Belts shall treat their dojang as their own, with the highest amount of respect.
- 5. Black Belts shall represent their dojang in a positive manner in the community.
- 6. Black Belts shall never present or promote a disrespectful attitude within or outside of the dojang.
- 7. Black Belts shall always respect their senior belts.
- 8. Black Belts shall always respect their time commitments and the time commitment of others.
- 9. Black Belts shall always be ready to assist with the instruction of the junior belts.
- 10. Black Belts shall willingly participate in community events involving the dojang.
- 11. Black Belts shall be willing to assist with belt promotion testing as needed.
- 12. Black Belts shall stay diligent with their own training to make sure they have not forgotten what they've learned.
- 13. Black Belts shall always strive for continuous improvement in their training and knowledge of taekwondo.
- 14. Black Belts shall participate in a minimum of two tournaments a year, (promotional requirement) and attend open sparring class once per month.